

Adult and Teen Life Groups Conferencing Guide

SERMON DATE: 07/12/2026
DISCUSSION DATE: 07/19/2026
TEXT: PSALM 148

THE HEAVENS & THE EARTH GIVE PRAISE

I. THE HEAVENS GIVE PRAISE (vv. 1-6)

A. The heavenly beings give praise. (v. 2)

B. The objects in the heavens give praise. (vv. 3-6)

C. The reason heavenly beings and heavenly objects praise Him.

II. THE EARTH AND ALL THAT DWELL ON IT GIVE PRAISE (vv. 7-13)

A. The earth gives praise. (vv. 7-10)

B. The peoples of the earth are to give praise. (vv. 11-12)

C. The reason to praise Him.

FOR CONFERENCING

1. **Read Psalm 148.** The message of Psalm 148 is everything and everyone in heaven and on earth should praise the Lord. To “praise” in the Psalm means “to make shine.” In what ways can you make God “shine?”
2. What does praise (worship) entail (what is all involved in it)?
3. By the time you have reached this question, you should conclude that praise and worship is not just an event, or spoken words, or singing hymns to God, but a lifestyle. How would you describe a life of worship? What would it look like?
4. **Read Psalm 148:2, Revelation 5:11-13, and Revelation 19:6-7.** How do God’s angels and all His hosts praise Him?
5. **Read Psalm 148:3-6.** How can the objects in heaven (sun, moon, & stars) praise God? (See also Psalm 19:1-3 & Isaiah 40:26.) What do they reveal about God?
6. **Read Psalm 148:7-10.** How does the earth, such as its ocean depths and creatures, its powerful “forces of nature,” and the physical features of the earth and its creatures give praise to God?
7. **Read Psalm 148:11-14.** How is man’s praise to God more important and greater than all the glory that God receives from the heavens and earth (the things He has created)?
8. **Application questions to discuss with your Life Group.** What are your personal take-aways from studying Psalm 148—for instance, in regard to creation or in regard to praise and worship? How does thanking and praising God affect your attitude and outlook? What can you do to offer God praise regardless of your circumstances or feelings? How can the concept of a community of worship, including both earthly and heavenly beings, enhance your experience of corporate worship in your church or community?