



Adult and Teen Life Groups Conferencing Guide

SERMON DATE: 06/17/2018
DISCUSSION DATE: 06/24/2018
TEXT: PSALM 16

How To Have Joy

In His presence is fullness of joy.

- I. JOY COMES WHEN WE PUT OUR TRUST IN GOD (v. 1)

- II. JOY COMES WHEN WE MAKE GOD OUR LORD (v. 2)

- III. JOY COMES WHEN WE FELLOWSHIP WITH THE SAINTS (v. 3)

- IV. JOY COMES FROM THE BLESSINGS OF THE LORD (v.v. 5-6)

- V. JOY COMES TROUGH FOLLOWING THE COUNSEL AND GUIDANCE OF GOD (v.v. 7-8)

- VI. JOY COMES IN KNOWING THE HOPE OF ETERNAL LIFE (v.v. 8-11)

ASKING GOD FOR WISDOM TO APPLY TO OUR DAILY LIVES



1. How is happiness often defined or described in our culture today?
2. What kinds of things do we often pursue in order to have happiness?
3. Why is happiness elusive...why does it come and go?
4. What kinds of things can take our happiness away?
5. How is joy different?
6. For the Christian what is the source of joy?
7. **Read II Corinthians 4:6-9.** According to Paul, how is it possible to have joy in the midst of the painful experiences of life?
8. How does bringing glory to God result in joy for the believer?
9. In what other ways is there joy for the believer...what brings joy for the believer?
10. What kinds of things can rob us of joy?
11. According to **Psalm 16:1**, from where does our joy come?
12. Why does trust in God result in joy?
13. **Read Psalm 18:1-3.** What is the joyful news found in this passage?
14. According to **Psalm 16:2**, joy comes when we come under the Lordship of God. How and/or why can joy come through submission and obedience to God?
15. That message is contrary to the view of our culture. Why is our world down on the concept of submission and obedience?
16. According to verse 4, all men do submit to something. Why doesn't this submission lead to joy?
17. According to our Ecclesiastes study, why is there frustration in seeking things apart from God?
18. Why won't the pleasures of this world bring joy?
19. What blessings have you experienced lately that have come as a result of being faithful to God?
20. **Read Psalm 16:8-11 and Acts 2:25-28.** David is looking beyond himself into the future (prophecy). Who is he speaking of and what is the hope for every believer?