



# ***Adult and Teen Life Groups Conferencing Guide***

SERMON DATE: 03/08/2026  
DISCUSSION DATE: 03/15/2026  
TEXT: MATTHEW 7:13-14

---

## **THE ONLY WAY IS THE NARROW WAY**

### **I. TWO GATES**

A. The narrow gate (v. 13)

B. The wide gate (v. 13)

### **II. THE TWO WAYS**

A. The broad way (v. 13)

B. The hard way (vs. 14)

### **III. THE TWO DESTINATIONS**

A. The way to destruction (vs. 13)

B. The way to life eternal (vs. 14)

### **IV. THE TWO GROUPS**

A. The many (vs. 13)

B. The few (vs. 14)

## **FOR CONFERENCING**

1. **Read Matthew 7:13-14.** These verses mark the beginning of the conclusion of Jesus' Sermon on the Mount. What is it that Jesus said in them that indicates these are concluding words? (Hint: what is it about these words that bring the message to a climax or a crescendo?)
  
2. How many choices did Jesus give his hearers/readers? **Read Deuteronomy 30:15-18.** How many choices are presented to Israel in this passage and what are they? **Read Joshua 24:14-15.** How many choices are presented to Israel in the passage and what are they? **Read Jeremiah 21:8.** What are the two choices God wanted Jeremiah to present to the people and what are they? **Read I Kings 18:21.** In speaking for God, how many choices did Elijah give the people and what were they?
  
3. **Read Matthew 7:13-14.** How many choices did Jesus give to those that heard and read His words in this sermon and what are they? Ultimately, how many choices does humanity have today and what are they?
  
4. There are always only two choices and two ways in the Bible. How did Jesus illustrate that in **verses 16-20** and **verses 24-27**?
  
5. In verse 13, Jesus refers to the narrow gate. What makes this gate and way narrow? (Hint: read the beatitudes in **Matthew 5:3-10, Acts 4:12, John 14:6, Luke 13:3, Acts 3:19, & Matthew 18:3**)
  
6. In verse 13, Jesus refers to the broad way. What makes this way broad? (Hint: **Read Ephesians 2:2, I Corinthians 6:9-10, Galatians 5:19-21 & Matthew 7:21-23.**)
  
7. In verse 14, Jesus refers to the hard/difficult way. What makes this way hard or difficult? (Hint: **Read Mark 10:17-22, Luke 14:33, & Matthew 5:10-11.**)