



# ***Adult and Teen Life Groups Conferencing Guide***

SERMON DATE: 7/24/2022  
DISCUSSION DATE: 7/31/2022  
TEXT: EPHESIANS 4:3-6

---

## **KEEPING IT TOGETHER**

### **I. THE CHURCH MUST EAGERLY MAINTAIN AND GUARD UNITY. (vs. 3)**

#### **A. Keep the unity of the Spirit.**

1. It must be kept because our sins will naturally break it.
2. It must be kept because Satan is in the business of destroying it.

#### **B. Keep the bond of peace.**

## **FOR CONFERENCING**

1. What do you think might be some things that could harm the unity of the church? What might be some ways to promote, protect, and preserve unity in the church?
  
2. **Read Ephesians 4:3.** Focus on the words “endeavoring” and “keep.” What do those words indicate about the nature of unity? What other types of relationships thrive or fail depending on the presence or absence of unity? Scripture uses the analogy of marriage to describe the relationship between Christ and the Church. In what ways does that analogy help us understand the importance of maintaining unity in both the church and in a marriage?
  
3. Having worked through question 2, what are some illegitimate reasons that some might or have used to leave their church? How might one work through those issues rather than leaving?
  
4. **Read vs. 3 again.** What is meant by “unity of the Spirit?” (What do you recall it is from the sermon last week? *Hint: what is spiritual unity?*)
  
5. **Read III John 1:9-11.** How did Diotrephes harm the unity of the church? How might that happen in the church today?
  
6. **Read vs. 3 again.** What is meant by “the bond of peace?” How is peace among believers maintained? **Read Romans 12:18.** Whose responsibility is it to “keep the peace?”
  
7. **Read vss. 4-6.** What is the point of the emphasis of “one?” How is it possible for different people from diverse backgrounds, and different personalities to become one?