



Adult and Teen Life Groups Conferencing Guide

SERMON DATE: 11/23/2025
DISCUSSION DATE: 11/30/2025
TEXT: MATTHEW 5:27-32

THE HEART OF ADULTERY

I. THE SPIRIT OF MARRIAGE (v. 28)

II. OUR RESPONSIBILITY TO OVERCOME (vv. 27-30)

A. The doing of it (vs. 27)

B. The desire (vs. 28)

C. The deliverance: take radical measures (vv. 29-30)

III. THE PERMANENCE OF MARRIAGE (vv. 31-32)

FOR CONFERENCING

1. **Read Matthew 5:17-20 & Matthew 5:27-32.** How are verses 17-20 foundational to understanding the next 6 sections of Jesus' sermon (including the section on adultery)? (hint: focus on Jesus' message verses the regulations and traditions of the rabbis) What did the Pharisees emphasize for righteousness and what did Jesus emphasize? What was the Pharisees' standard for righteousness? What was Jesus' standard for entrance in His kingdom?
2. **Read Exodus 20:14 & Matthew 5:28.** What was the letter of the law in the 7th command? According to Jesus, what is the spirit of the law?
3. **Read I Corinthians 6:12-20.** After reading 1 Corinthians 6:12-20, what is(are) the primary issue(s) Paul is(are) addressing in this passage? What are the two perspectives in this passage (one right, one wrong) about who the physical body belongs to and how it is to be used? Paul concludes the chapter with the primary basis for abstaining from sexual immorality. What is it? What does this passage teach about Christ and the relationship that exists between Christ and His people?
4. **Read Proverbs 4:23-27.** What helps are given in this passage to overcome the temptation and sin of lust? **Read Psalm 101:3.** What are some practical ways to apply this verse to dealing with the sin of lust?
5. No doubt, the temptations of our flesh and the lust in our heart are difficult sins to deal with. Which of the beatitudes (more than one) we studied will help us in that regard? Explain your answers.
6. **Read John 8:3-11.** What was the motive of the Pharisees in bringing this sin matter before Jesus? Did the woman deserve death? Would Jesus have agreed with the penalty? What did Jesus do for the woman to release her of the penalty? What did Jesus do to send the accusers away? What does that tell you about the accusers?
7. **Read Matthew 5:29-30.** How are we to be delivered from the great temptation of lust and passion?