

Adult and Teen Life Groups Conferencing Guide

SERMON DATE: 07/26/2026
DISCUSSION DATE: 08/02/2026
TEXT: JOHN 6:32-59

HE IS THE BREAD OF LIFE

I. THE DIVINE PROVISION OF THE BREAD

A. The Bread is divinely preexistent.

B. The Bread has a divine purpose.

C. The Bread has a divine promise.

II. THE BELIEVERS' ACCEPTENCE OF THE BREAD (v.2)

A. The Bread is for those who come to Christ.

B. One must look to Him who is the Bread of Life.

FOR CONFERENCING

1. **Read John 6:35, John 8:12, John 10:7, John 11:25, John 14:6, John 15:1, Exodus 3:14, and John 6:41-42.** What are Jesus' "I am" statements? What is significant about the name "I am" before each title? What does that tell you about Jesus? Why did the Jews complain when they heard Jesus say, "*I am the bread which came down from heaven?*"

2. **Read John 6:32-33 and Matthew 4:4.** What is the difference in the bread that God gave to the children of Israel through Moses and the bread that Jesus claimed to be? What does this tell us about Jesus?

3. **Read John 6:32-33.** Jesus said He was the true bread the Father gave from heaven. Where then did Jesus come from? What does this tell you about who Jesus is and His existence? **Read John 6:46 and John 3:12-13.** Who is the only one who has seen the Father? Who is the only one who ascended to heaven, and came down from heaven to teach the words of God? What does this say about Jesus? **Read John 8:42.** What does this say about Jesus?

4. **Read John 6:33, 38-40, & 53-54.** What is the divine purpose of Jesus as the Bread? What promise is given to those who believe on Jesus as the Bread of Life?

5. **Read John 6:37.** What must one do to receive eternal life? **Read John 6:40.** We see we must come to Jesus, and we must see Jesus and we must believe in Jesus. What is both similar yet different about those three important words and what is significant about them as a whole?

6. **Read John 6:57-58.** Explain Jesus' metaphor about being bread. In what sense does it mean to eat His flesh and drink His blood?

7. Look at the content of John 6:1-14. What event preceded Jesus' teaching that He is the Bread of Life, and why is that significant?

8. Practically, what steps can you take to look for satisfaction in the 'real food' Jesus promises Himself to be, rather than in the 'fake foods' all around us? How can you remind yourself, daily, that Jesus is "true bread" (v32) and "real food" (v55)?