



# **Adult and Teen Life Groups Conferencing Guide**

SERMON DATE: 9/18/2022  
DISCUSSION DATE: \*10/02/2022  
TEXT: EPHESIANS 5:8-14

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## **WALK IN LIGHT**

- I. WALK IN THE LIGHT OF THE LORD (vs. 8)
- II. THE LIGHT BRINGS GROWTH & PRODUCES FRUIT (vss. 9-10)
  - A. Goodness (vs. 9)
  - B. Righteousness (vs. 9)
  - C. Truth (vs. 9)
  - D. Discernment (vs. 10)
- III. DARKNESS IS THE OPPOSITE OF LIGHT (vss. 11-14)
  - A. A Christian cannot fellowship with darkness (vs. 11a)
  - B. The believer is to use the light to expose the evil in darkness (vss. 11b-14)
- IV. WAKE UP SLEEPY ONES (vss. 12-14)
  - A. Light should characterize your conversation. (vss. 12-14)
  - B. The light offers clarification as it reveals the darkness around us. (vs. 13)
  - C. Wake up! (vs. 14)

## **FOR CONFERENCING**

1. **Read Ephesians 5:8-14.** Before conversion we were in darkness, but now we are light in the Lord. What then is darkness and what is light? What does it mean to “walk in the light?” (Think contrast)
  
2. **Read vs. 9-10.** What does walking in the light produce? What is goodness? What is righteousness? What is truth? Describe how the believer is able to “flesh out” those qualities.
  
3. **Read vs. 10.** What does walking in the light enable the believer to understand and learn? The words *finding out* means to thoroughly examine and to put to the test. What kinds of things is the believer to examine and put to the test?
  
4. **Read I Corinthians 10:23-24.** When Paul says, “All things are lawful for me,” he is referring to those things that are no longer prohibited in the new covenant (contextually, it is things that are morally neutral such as meat). Why then does he still govern himself on such matters? (hint: *not all things are...*) What is Paul teaching us when he says, *don't seek your own but another's well-being*? **Read vs. 31.** What should be our standard for whatever it is we think to do?
  
5. **Read vs. 11-14.** What is the Christian to expose? **Read Mark 4:21-25 & Matthew 5:13-16.** What are we to do with the light? What effect should both your lifestyle and your words have on unbelievers that you come in contact with? On what kinds of things should Christians take a strong position?
  
6. What direct applications of this passage should you personally make? Although some applications may be personal to share with your Life Group is there one that you could share with the group?