

Adult and Teen Life Groups Conferencing Guide

SERMON DATE: 06/28/2026
DISCUSSION DATE: 07/05/2026
TEXT: PSALM 91

AT HOME WITH GOD

I. THE LORD'S PLEDGE (vv. 14-16)

- A. It is for those that love God.
- B. It is for those that know God.
- C. The Lord's "I wills."
 - 1. I will deliver you.
 - 2. I will set you on high.
 - 3. I will answer you.
 - 4. I will be with you.
 - 5. I will honor you.
 - 6. I will satisfy you.
 - 7. I will show you my salvation.

II. THE LORD'S PROTECTION (vv. 1-13)

- A. He promises refuge.
 - 1. We are under the shadow of the Almighty.
 - 2. He is our fortress.
- B. He promises deliverance...
 - 1. from the fowler.
 - 2. from the perilous pestilence.
 - 3. from other dangers.
- C. He promises protection from fear.
- D. He promises help.

FOR CONFERENCING

1. **Read Psalm 91:14-16.** In this section, the LORD is speaking. Describe those that are the recipients of God's promises in these verses (hint: see verse 14). (In other words, what are the qualifiers and conditions put on the promises?) What does it mean to "Know God's name" in verse 14?
2. What are the 7 "I will" statements in verses 14-16? Take 3 of those statements, describe them, and record how those 3 in particular are a special encouragement to you.
3. **Read verses 1-13.** According to verse 1, to whom does God provide protection? What is the significance of the word "dwell" in verse 1?
4. **Read John 15:5.** Here is a similar concept of dwelling. How did Jesus describe it? How does one dwell with God and abide in Him?
5. **Psalm 91:1** describes the dwelling place as a "secret place" In what way or ways is it a secret place? For more help with this question **read Psalm 32:7.**
6. In verses 1&2 explain the metaphor of the shadow and fortress.
7. In verses 3-4, we read of 3 other analogies or metaphors to describe God's deliverance from dangers. What are they, and how do they illustrate God's protection?
8. **Read verses 11-13.** Using these verses, describe how God protects you from spiritual dangers.
9. Whatever circumstances cause you to feel insecure right now, instead of relying on man-centered securities, how can you practically make God your "refuge" and "fortress?" What most encouraged you from this Psalm? What is your best "takeaway" after studying it?