



Adult and Teen Life Groups Conferencing Guide

DISTRIBUTION DATE: 08/12/2018
DISCUSSION DATE: 08/19/2018
TEXT: MARK 8:34-38

Three Demands on the Disciple of Christ

I. YOU MUST DENY YOURSELF

II. YOU MUST TAKE UP YOUR CROSS

III. YOU MUST FOLLOW CHRIST



1. **Read Mark 8:34-38.**
2. What kind of lifestyle and what kinds of pursuits tend to be in conflict with being a true disciple of Christ?
3. What kinds of things does Satan tempt Christians with to steal their spiritual fervency and to trap them into a life of self-fulfillment?
4. The term “Christian” is a title whereas the term “Disciple” is a descriptor. Explain.
5. Describe what a disciple was in the ancient world?
6. In Mark 8:34, what two groups of people did Jesus call to himself so that He could speak to them?
7. What potential dangers existed for the 1st Century Christian? What might have been their deterrent to following Christ? What kinds of things may be deterrents for modern day Christians who live without threat of harm and enjoy a prosperous America?
8. A great crowd gathered for Christ’s triumphant entry into Jerusalem on what we call Palm Sunday. What happened to the enthusiasm in just a few weeks and what thinned out the crowd?
9. **Read John 6:26.** What did Jesus tell the crowd was their reason for seeking Him? For what faulty reason were they “following” Him?
10. **Read Matthew 8:20.** In this passage as well as the previous passage, why does Jesus seem to be discouraging “followers?”
11. Jesus’ first command or condition for discipleship is self-denial. Why? What is involved in what Jesus is expecting when He says to deny self? What is involved in self-denial?
12. What does Jesus mean when He says the disciple must take up his cross?
13. Jesus’ third condition is to follow Him. What does this involve and what does it entail?