



# **Adult and Teen Life Groups Conferencing Guide**

SERMON DATE: 8/7/2022  
DISCUSSION DATE: 8/14/2022  
TEXT: EPHESIANS 4:7-16

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## ***GRACE, GIFTS, & GROWTH***

***I. GOD GIVES GRACE. vs. 7***

***II. GOD GIVES GIFTS. vss. 11-12***

***A. GOD GIVES GIFTS FOR EACH BELIEVER.***

***B. GOD GIVES GIFTED MEN TO EQUIP THE BELIEVERS***

***III. GOD GIVES GROWTH, vss. 13-16***

***A. SPIRITUAL GROWTH***

***B. SPIRITUAL MATURITY***

***C. A GROWN-UP CHURCH***

## FOR CONFERENCING

1. **Read Ephesians 4:7-16.** According to this passage, along with Romans 12:3-8; 1 Corinthians 12:1-30; 1 Peter 4:10-11...how would you define the term “spiritual gifts.” - What was Christ’s ultimate purpose in giving these gifts? If each one exercised their gift, what would it do for promoting unity in the church?
2. Looking at verses 12-16, restate Paul’s goal for the church body in your own words.
3. Why does Paul emphasize “love” so much as he discusses the nature and activity of God and the spiritual life of the believer in Ephesians (see 1:4, 15; 2:4; 3:17, 19; 4:2, 15-16; 5:2, 25-33; 6:23-24)?
4. **Read Ephesians 3:8-12.** Why did God create the church? In other words, what role does the church play in God’s plan for human history?
5. **Read Ephesians 4:13-16.** In what ways are we (individuals and the church as a whole) to grow? What things will help produce that growth in our lives? Why is spiritual maturity so important? (For personal reflection: In what ways do you personally need to grow?) In what ways might Trinity Baptist Church need to grow to be a church worthy of its calling?
6. For personal reflection: Consider the following questions and if you are willing, be prepared to share one of your answers with your group. 1. We have received the highest of callings from God. Do you live “in a manner worthy of the calling” you have received? If not, what needs to change in your life? 2. How are you using the gifts God has given you to serve in the church? In what ways are you using them to help others in the church grow? What else could you be doing to better utilize your gifts in the church in the days ahead?