



Adult and Teen Life Groups Conferencing Guide

SERMON DATE: 03/1/2026
DISCUSSION DATE: 03/8/2026
TEXT: MATTHEW 7:7-12

WHAT TO DO FOR OTHERS

I. THE BIBLICAL PRINCIPLE REGARDING OUR RELATIONSHIPS (vs. 12)

A. The purpose of God demands it. (vs. 12b)

B. The promise of God upholds it. (vss. 7-8)

C. The pattern of God demonstrates it. (vss. 9-11)

FOR CONFERENCING

1. **Read Exodus 20:3-17.** What relationship do the first four commandments address? What relationships do the last 6 commandments address?

2. **Read Matthew 22:37-40.** What are the “greatest commandments?” What does it mean when it says, “On these two commandments hang all the Law and the Prophets?” (Hint: refer to #1 above) **Read Matthew 7:12.** How is this command also “the Law and the Prophets?”

3. **Read Matthew 7:1-12.** In this section of Jesus’ Sermon on the Mount, Jesus instructed us how to relate with others. What does He tell us NOT to do to others in verses 1-6? What DOES He tell us to do in verses 7-12? Verse 12 is the overall biblical principle for the entire section on how to relate to others. Is the command of verse 12 negative (don’t do) or positive (do)?

4. Would loving people involve NOT DOING certain things to people? Can you give some examples? Does loving people involve DOING things for people? Can you give some examples? Which is a weaker form of love? Explain your answer. Which then is a stronger position of love? Explain your answer.

5. **Read Philippians 2:19-22.** What is the tendency of the “natural man?” How was Timothy different? What do you think made Timothy different?

6. What word begins verse 12 of Matthew 7, and how does it connect to verses 1-6? How does it connect to verses 7-11?

7. How would a person’s relationships change if this passage governed their interactions?

8. How does the admonishment to “ask,” “seek,” and “knock,” as well as the promise of answered prayer (vv. 7-11) connect to the command to not judge others in verse 1 and to treat others well in verse 12?