



# Adult and Teen Life Groups Conferencing Guide

SERMON DATE: 02/17/2019  
DISCUSSION DATE: 02/24/2019  
TEXT: 1 CORINTHIANS 11:23-30 & MATTHEW 3:1-12

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## I. INTRODUCTION TO THE LORD'S TABLE.

Worship is inherently participatory.

Our spiritual lives and well-being are inextricably intertwined.

Self-Examination is commanded.

There are serious consequences for perverting worship.

## II. EXAMINING THE GOOD FRUIT OF A CHRIST-LIKE DISCIPLE.

### *A. Christ-Like Disciples Repent of their Sins.*

Repentance includes a willing and willful seeking of pardon from God, a repudiation of our rebellion against God, and a whole-soul commitment to serve God.

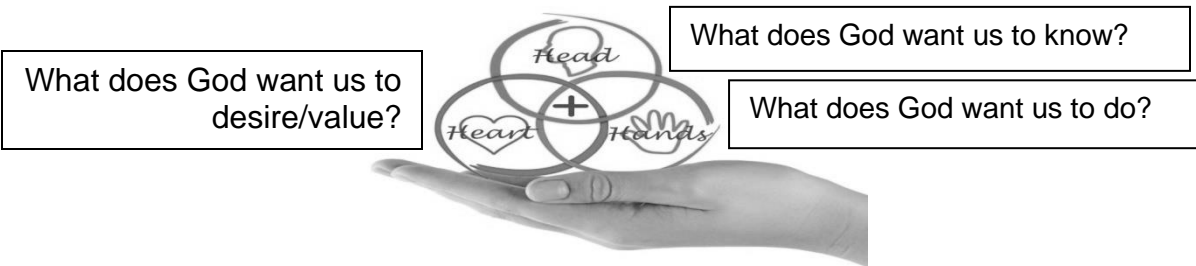
### *B. Christ-Like Disciples Confess Their Sins*

### *C. Christ-Like Disciples Bear The Fruit Of Repentance.*

*What does the fruit of repentance look like? What characterizes a changed life?*

### *D. Christ-Like Disciples Will Never Experience The Just Wrath Of God Against Our Sin. Why? Because We Are Forgiven.*

## ASK GOD FOR WISDOM TO APPLY HIS WORD IN OUR DAILY LIVES



1. **Read 1 Corinthians 11:28-30.** What are we to examine in preparation for participation in the Lord's Table? What are some texts we should read as we prepare? Why does this demand both diligence and humility?
2. **Read Romans 6:20-22.** Who are slaves of sin and what kind of fruit does this produce in a person's life? How can slaves of sin be set free? What change takes place in allegiance and identity? What kind of fruit is produced in the life set free from sin?
3. **Read Romans 7:4-6.** Who has been married to Christ? What kind of fruit makes this known? What does it mean to be in the flesh? What fruit evidences that a person is living in the flesh? What happens when a person is delivered from living in the flesh?
4. **Read Matthew 3:1-6.** What made John the Baptist stand out from the religious leaders of his day? Why would the Lord have John look so different – be odd? What was John's message? How did this "prepare the way of the Lord"?
5. **Read Matthew 3:7-9.** What did John know about the religious leaders who were coming to him? In what were they putting their confidence concerning their relationship with God? What did John want them to know?
6. **Read Matthew 3:1-2; Acts 11:18-21; 2 Timothy 2:25.** What does "turning to the Lord" teach us about the meaning of repentance? Why does God want us to know that He grants repentance? How does that encourage us to witness?
7. **Read 1 Thessalonians 1:9-10.** What do repentant sinners turn from? Who do they turn to? What must be abandoned in order to be saved? How do repentant sinners demonstrate new allegiance to God? Is repentance continual in nature – i.e. something we continue to do throughout our Christian experience/life? How does "waiting for Jesus" help us answer this question?
8. **Read Matthew 3:5; Proverbs 28:13; 1 John 1:9.** Why does confession of sin make the lives of Christ-like disciples? How can we serve as ministers of grace in one another's lives to help us keep short accounts with sin?
9. **Read Matthew 3:7-8; Galatians 5:22-23.** What does the fruit of the Spirit teach us about the fruit of repentance? Where does this fruit show up in our lives? What does the fruit of repentance look like?
10. **Read Revelation 3:10-12.** What will happen to fruitless trees? Who is Jesus going to gather and who will be burned with unquenchable fire? Who is baptized by the Spirit and how does this guarantee fruit?